


What is outside my control?

What other people do, think, and say!

A hand is shown with the palm facing forward. A yellow rectangular box is superimposed over the middle of the hand. Inside the box, the text "What is in my realm of control? Only what I do, think, and say!" is written in blue. On the palm of the hand, below the yellow box, there is a circular diagram consisting of three black arrows forming a clockwise loop.

**What is in my realm of control?
Only what I do, think, and say!**